



SHABBAT LUNCH



3537 BATHURST STREET, TORONTO, ONTARIO
416.782.3231 | CATERING@ELYSFINEFOODS.COM
ELYSFINEFOODS.COM

SHABBAT

LUNCH

SHABBAT BUFFET OPTIONS

CHOICE OF DIPS

- Fancy Display of Challah Buns, Dinner Rolls and Flat Breads
- Madbuja
- Spicy Moroccan Olives
- Hummus
- Roasted Pepper Salad
- Olive Tapenade
- Babaganoush
- Gourmet Beets
- Fried Eggplant & Roasted Pepper
- Spinach & Artichoke Dip
- Onion Dip

CHOICE OF BUFFET SALADS

- Italian Tortellini Salad
- Wheatberry & Roasted Butternut Squash Salad (Gluten Free Option Available using Buckwheat) • Pickled Heirloom Beet Salad
- Baby Kale, Sundried Cranberries & Walnuts
- Grilled Eggplant Salad
- Moroccan Carrots
- Spiced Millet Salad
- Winter White Bean Salad
- Caesar Salad with Croutons and Cherry Tomatoes
- Kale, Quinoa and Roasted Sweet Potato Salad
- Super Food Salad (Kale, Purple Cabbage, Quinoa, Roasted Squash, Gala Apples, Pumpkin Seeds and Goji Berries)
- Mixed Greens Salad with Green, Red, Yellow Peppers, Hearts of Palm, Mangoes and Strawberries in an Oriental Vinaigrette
- Avocado, Mango & Tomato Salad
- Spinach, Quinoa, Salted Beets and Roasted Butternut Squash
- Edemame & Corn Salad
- Arugula and Pear Salad with a Honey Balsamic Vinaigrette
- Young Candy Tri Colored Beets, Grapefruit, Orange, Spinach and Beets

SHABBAT

LUNCH

- Spinach & Zucchini with a lemony vinaigrette
- Fennel Salad
- Kale and Lentil Salad
- Orzo Salad with Pink Grapefruit and Basil
- Tri-Color Israeli Couscous Salad
- Wheatberry Salad with Cranberries Dried Apricots and Mango
- Mango & Pepper Salad

CHOICE OF BUFFET SIDES

- Sweet Potato Skewers with a Jalapeno Cilantro Aioli
- Roasted Yukon Gold Medallions topped with Caramelized Onions
- Grilled Vegetables
- Green Bean and Charred Tomato in a Roasted Lemon Vinaigrette
- Sweet Potato Wedges
- Assorted Kugels (Potato, Sweet, Squash, Cauliflower, Yerushalmi)
- Mushroom Orzo
- Grilled Vegetable Orzo
- Pesto Pasta with Spinach
- Assorted Vegetable Quiche

CHOICE OF TRADITIONAL SHABBAT MAINS

- Moroccan Orisa (Wheat & Rice)
- Moroccan Dafina
- Cholent
- Kishka
- Herring (Schmaltz, Regular, Jalapeno, Garlic, Olive)

CHOICE OF PROTEINS

- Hand Carved Smoked Meat Station o Hand Carved Montreal Smoked Meat Includes vegetable garden coleslaw, assorted mustards, mini ryes and pickles
- Live Action Sushi Station o Sushi Chefs freshly preparing sushi rolls presented on authentic sushi boats with ginger, soy and spicy mayo dipping sauce
- Smoked Turkey
- Chicken Fingers

SHABBAT

LUNCH

Protein Choices – Continue...

- Coconut Chicken Skewers
- Chicken Kebobs
- Grilled Chicken Thighs
- Carved Roast Beef
- Traditional Meat Loaf
- Assorted Deli Platter
- Mini Wraps (Turkey, Salami, Grilled Chicken, Grilled Veg)

DESSERT OPTIONS

- Platter of Petit Fours per Table or Pre-Plated Dessert
- Platter of Fruit per Table
- Plated Dessert
- Deluxe Sweet Table option available

ADDITIONAL OPTIONS AVAILABLE UPON REQUEST